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This Week's Motivational Quote

A nice quote about goals and goal-setting from one of my all-time favorite athletes:

"If you don't know where you are going, you'll end up someplace else."

- Yogi Berra, Hall of Fame Catcher

[If you're motivated to book a hotel room, click here!](#)



Weekly Contest

Last Week's Question:

How many of Valley River Inn's 257 guestrooms and suites enjoy a view of the McKenzie River?

Last Week's Answer:

Zero. Valley River Inn overlooks the WILLAMETTE RIVER.

Congratulations to John Temple of Eugene Skin Diver's Supply for winning last week's contest. John was one of 18 entrants to get the correct answer. John wins 2 tickets to the 2007 Bach Festival show of his choice.

Every week we give our subscribers a chance to win GREAT prizes from Valley River Inn. To enter, simply click on the link below and complete the form. The submission closest to the actual answer wins! If there is a tie, we will randomly draw a winner.

Deadline to Enter:

Sunday, July 15th @ 10AM

GOOD LUCK!

THIS WEEK'S PRIZE:

2 tickets to South Pacific, presented by the Oregon Festival of American Music.

THIS WEEK'S QUESTION:

How many nights does the average guest stay at our hotel? (HINT: It's between 1.1 and 3.4 nights)

**ENTER
NOW TO
WIN!**

[Click Here To Enter](#)

CHEF'S CORNER - Meet Our Pastry Chef

Meet Angela Prull, SweetWaters on the River Pastry Chef. Chef Prull was born and raised in central Wisconsin, in the small town of Weyauwega.



Looking to gain restaurant experience in an area that favors local and organic produce and a style not found in the Midwest, Chef Prull packed up her Volvo wagon and headed to Oregon in the Fall of 2000.

Chef Prull has a unique perspective as she has worked in just about all areas of the restaurant in her past. Prior to arriving at SweetWaters on the River she has worked as a line cook, baker, bartender and most recently as a fine dining server.

Chef Prull holds a Bachelor of Arts Degree from the University of Oregon in Geography and Environmental Studies and earned an Associates degree in Culinary Arts from Fox Valley Technical Institute in Appleton, Wisconsin.

Chef Prull enjoys the freedom to create and execute the SweetWaters on the River dessert menu and is excited about working with the local organic produce that is available seasonally in the Willamette Valley which she infuses into her menus.

In her spare time, Chef Prull enjoys gardening, hiking and camping, rock climbing, knitting and she even plays the cello.

If you haven't been to SweetWaters in a while, stop on by and check out Chef Prull's creations for yourself. Her culinary artwork is on display daily, just beyond the hostess podium in SweetWaters on the River.

[Click Here To Visit SweetWaters on the River](#)

Upcoming Area Events

There's always something going in Eugene so here's a small sampling of things going on in the area over the next few months. Why not make it a mini vacation and stay with Valley River Inn while you attend these events?!

July 13 - July 15
Oregon Country Fair

11 a.m. - 7p.m.
Oregon Country Fair, Veneta
Located in a wooded setting in Veneta, the Oregon Country Fair celebrates its 38th year with 12 stages of entertainment, more than 55 international food booths and over 700 artisans. Colorful parades, pageants and performing arts provide an unparalleled feast for the senses.
Cost: Various



For more information, call: (541) 343-4298

July 14 - July 15
Northwest Nationals Drag Boat Racing

9 a.m. - 5 p.m.
Dexter and Lookout Point Reservoirs, Lowell
The Columbia Drag Boat Association, the premier racing association in the Pacific Northwest, hosts the 2005 Bi-Mart Northwest Nationals. This is the final Oregon drag boat race of the season. Co-Sanctioned with IHBA Div 1, including PCE.
Cost: \$10
For more information, call: (541) 461-3545

July 20 - July 21
Willamette Valley Relay

Alton Baker Park, Eugene
Walking has finally hit its stride with Wonders of Walking (WOW), an organization developed by walkers that spearhead a series of events specifically for walkers. Wonders of Walking celebrates the health benefits, competitive opportunities and recreational aspects of walking. Get a team and participate in the Willamette Valley Relay which begins July 20, 2007 in Champoeg Park and ends July 21, 2007, at Alton Baker Park in Eugene.
For more information, call: (503) 282-1677

July 21
TriAmerica National Series Tour – Supersprint Triathlon

7:30 a.m.
Lakeside Park, Cottage Grove
Super Sprint Triathlons feature a 200 yard swim, a 6 to 8 mile bike, and a 2 mile run. The focus of the Super Sprints is on fun and fitness. Super Sprint Triathlons are ChampionChip timed however typical age group awards are not offered. A time trial type start is used for the swim rather than a wave start.
Cost: \$40 for participants, \$45 race week, spectators free
For more information, call: (352) 394-1320

July 28
Winetasia 2007

6 - 10 p.m.
Silvan Ridge/Hinman Vineyards, Eugene, OR
Wine tasting, fine food from ten local restaurants (including SweetWaters on the River) and dancing under the stars. Benefits Children's Miracle Network at Sacred Heart Medical Center in Eugene/Springfield.
Cost: \$60 per person
For more information, call: (541) 686-6456

August 1 - August 11
Oregon Festival of American Music 2007 – "Richard Rodgers"

4 - 11 p.m.

Hult Center for the Performing Arts, Eugene
Dick Hyman joins the Oregon Festival of American Music for an eclectic, thematically-designed festival that celebrates a broad range of American musical genres with emphasis on jazz, classical and historic popular song. Featuring the music of composer Richard Rodgers and the musical "South Pacific".

Cost: Free to \$50

For more information, call: (541) 687-6526

August 4

5th Annual Animal House Celebration

Trailhead Park, Cottage Grove

Experience the antics of the movie "National Lampoon's Animal House." Cheer on the parade and join the World's Largest Toga Party – it is fun for all.

For more information, call: (541) 515-2405

August 5

Blackberry bRamble

First ride starts at 7a.m.

Eugene Water & Electric Board's Plaza, Eugene

We have 4 beautiful ride options: Wolf Creek Century - 100 miles with a strenuous climb and exciting descent, Poodle Creek Metric Century – 64 miles with moderate rollers, Coyote Creek Mini Century – 43 miles and the Family Ride – around 20 miles. Blackberry pie awaits all riders at the finish to top off a wonderful day of scenery, cycling and camaraderie of both nature and fellow cyclists.

Cost: \$20 if postmarked by July 17th; \$25 after July 17th or day of Ride; \$15 for the Family Ride

August 9 - August 12

Junction City Scandinavian Festival

10 a.m. - 10 p.m.

Downtown Junction City, Junction City

Since 1961, Junction City residents have been celebrating their Scandinavian heritage by transforming their city into a charming Old World town, offering cultural and entertainment activities. This four-day event is nationally recognized.

Cost: Free

For more information, call: (541) 998-9372

August 14 - August 19

Lane County Fair

10 a.m. - 11 p.m.

Lane Events Center, Home of the Lane County Fair, Eugene

Six days and six nights of family fun and entertainment.

Come and enjoy one of the Northwest's finest fairs offering outstanding concerts, thrilling rides and exhibits showcasing Lane County's finest.

Cost: \$8 adults, \$6 children, Free for children 5 and yo

For more information, call: (541) 682-4292

September 7 - September 9

25th Annual Eugene Celebration

starts at 5 p.m. Friday - 6 p.m. Sunday
Downtown Eugene, Eugene

The Eugene Celebration is a magical time of year when we gather to celebrate community, renew friendships and reinforce our collective sense of why Eugene is such a special place. Spectacular visions, moving music, hearty laughter, enticing foods, unique artistry, family fun, talented entertainers and a zany parade highlight what's old, what's new, and what can be in making "The Celebration" a special experience and tradition

For more information, call: (541)681-4108

[Click Here for our Calendar of Events](#)

HOTEL NEWS - Coming Soon! Oregon Festival of American Music - August 1-11

Richard Rodgers' contributions to the musical theatre of his day were extraordinary, and his lasting impact on America's musical fabric has been profound. His career spanned more than six decades, and his hits ranged from the bright lights of Broadway, to the silver screens of Hollywood, to London and beyond.

The John G. Shedd Institute for the Arts proudly dedicates its 16th annual Oregon Festival of American Music - THE SWEETEST SOUNDS to Rodgers' extraordinary career.

Retiring Jazz Advisor Dick Hyman, incoming Jazz Advisor Ken Peplowski, Music Director and Conductor James Paul, and a host of guest artists offer up 11 wonderful days of concerts, recitals, musicals, films, talks, youth and senior music camps and more.

Of special note, this summer's features two fully-staged, all-new musicals: Rodger & Hart's 1937 musical comedy masterpiece BABES IN ARMS (recreated in its original 1937 version) and Rodgers & Hammerstein's 1949 great musical drama SOUTH PACIFIC (See picture on right).

Valley River Inn continues its rich tradition of supporting the arts by again partnering with The Shedd and the Oregon Festival of American Music.

If you're planning on being in Eugene and would like to catch one of the shows, drop by our Concierge desk. We have a limited number of tickets and they are available on a first-come, first-served basis at no cost to our hotel guests.

If you are not a guest at Valley River Inn and would like more information about OFAM or for ticketing information, call The Shedd Institute at 541-687-6526.

[Click Here to see the Bach Festival Schedule](#)



Did You Know? Lane County History Edition

A Fun Tidbit Delivered Right To Your Email Inbox Every Week.

Did you know...

Lane County is named after Joseph Lane, the first Territorial Governor of the Oregon Territory. He was appointed by President James Polk to be governor of Oregon Territory in 1848. Lane arrived in Oregon in March 1849, following a hazardous winter trip on the Oregon Trail.

In 1851, Lane became delegate to Oregon Territory in the U.S. Congress, and was subsequently elected as one of Oregon's first two United States Senators when Oregon became a state in 1859.

Lane retired to Roseburg, Oregon where he died in 1881. His home there is now a museum maintained by the Douglas County Historical Society. Known as the Creed Floed House, the Floed-Lane House, or simply the Joseph Lane House, it is on the National Register of Historic Places.



[Click Here To Visit Valley River Inn](#)

Coming in Next Week's Issue

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- * Weekly Contest
- * Feature Article
- * Calendar of Events
- * Hotel News
- * Did You Know?

[Want to See An Earlier Newsletter? Click Here For our Newsletter Archive](#)

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